

# The Bamboo Warrior

Official Newsletter of Chikubu-Kai

June 2006

<b>2006 Chikubu Kai Clinics</b>		<b>From Soke's Desk</b>	<b>Summer Camp 2006</b>
January 28	Salem Dojo Salem, Va.	<p>This year's summer camp begins on Thursday, July 20 at 12pm and lasts until 5pm. On Friday and Saturday, July 21 and 22, camp will be from 8am until 5pm. As in previous years, the training on Thursday and Friday will be in the double-level shelter in Glen Maury Park. The location and directions for Saturday's training will be announced. The view is spectacular, and the training is simply the best! The cost for camp will be \$125. I am pleased to announce that Shihan Kiyama will be visiting from Japan again this year.</p> <p>I am very excited about camp and want all Sensei to extend this excitement to students and please include your most junior students. This camp is planned especially to include them. So please plan now to be the example, come to camp and bring your students.</p> <p><u>Some Hotels in the area:</u>            Country Inn and Suites (540) 464-9000            Lexington Lodge (540) 463-2739            Budget Inn (Buena Vista) (540) 261-2156            Buena Vista Motel (540) 261-2138</p>	
February 18	Bluefield Dojo Bluefield, Va		
March 18	Salem Dojo Salem, Va.		
April 20-14	Texas Clinics		
May 19-20	Hebi Ashi Dojo Harrisonburg, Va		
<b>June 16-17</b>	<b>Hissatsu No Ken Newport News, Va</b>		
July 20-22	Summer Camp Buena Vista, Va		
August 18-19	Waynesboro Dojo Waynesboro, Va		
September 15-16	Kokoro Dojo Buena Vista, Va		
October 5-7	Yudansha Fall Camp Myrtle Beach, SC		
November 5	Richmond Clinic Richmond, Va	<p><b>Up Next...</b></p> <p>The next Chikubu-Kai clinic will be held at the Hissatsu-No-Ken Dojo in Newport News, Va. on June 16-17, 2006.</p> <p>Friday's training will begin at 7pm and last until...            Saturday's training will be 9am until 3pm.</p> <p>The clinic will be sponsored by Shihan Henry McCoy.</p> <p>The Hissatsu-No-Ken Dojo is located inside the Riverside Wellness Center, located on Jefferson Avenue (Rt 143), just south of Denbigh Boulevard.</p> <p>From I 64 East, take Exit 250B (Fort Eustis Boulevard). Turn right at the light onto Jefferson Avenue. Proceed approximately 2.5 miles to the intersection of Denbigh Boulevard (Rt 173). Proceed straight through the intersection and turn left at the next light into the Wellness Center parking lot.</p> <p>For more information , please contact Shihan McCoy at (757) 833-1664, or Chris Wirt at (757) 989-0176 (Home) or (757) 570-0945 (Cell).</p>	<p><b>Hissatsu-No-Ken Dojo Clinic June 16-17, 2006</b></p>
December 9	Hombu Dojo Clinic Bristol, Va		
All clinics open to all ranks			

## Report!

**Hebi Ashi Dojo Clinic  
May 19-20, 2006**

Last month's clinic was held at the Hebi Ashi Dojo in Harrisonburg, Virginia on May 19&20, 2006.

Price Soke continued our exploration of the bunkai to Jin-no-Kata. There was also time for Kobudo (Jo) training, and a section on Kumite waza and strategy.

If you missed it, you missed a lot!

Special thanks goes to Price Soke (of course!) for giving of his time to teach, and to Shihan Mike Fletcher for hosting the clinic. OSU!

## In the Spotlight...

### Desire, Dedication, Commitment, and Kai

This article considers the concepts of desire, dedication, commitment, and Kai, and how they fit into the lives of the members of Chikubu-Kai.

**Desire** can be defined as an intense longing or wish for something.

**Dedication**, according to Webster's, can mean both a devoting or setting aside for a particular purpose, or self-sacrificing devotion.

**Commitment** refers to the state of being obligated or emotionally compelled to do something. While desire and dedication are internal, commitment is expressed externally.

In other words, desire is the *wanting to do something*. Dedication is the *willingness to do what is necessary* to accomplish the desire. Commitment is the *actual doing*, the following through to reach the goal.

All three concepts: desire, dedication, and commitment are expressed by a single, uniquely Japanese concept - OSU. By simply uttering the word, we are recognizing that our effort is not yet complete, that more work has to be done, that we are not finished.

In this newsletter we will examine how these manifest themselves in the way we interact with our own organization, Chikubu-Kai.

An organization can be defined as a structured group of persons, coming together for mutual benefit, and committed to a common purpose.

The **Kai**, then, is not a standalone entity, but a group of persons joined together. We train for mutual benefit, some teaching others, and all learning.

## Upcoming Events

The Hissatsu-No-Ken dojo (Newport News) will be hosting a car wash on Saturday, July 15, 2006. All Kai members are welcome to come, of course!

The proceeds will be donated to St. Jude's Children's hospital.

**Dojo Sensei:**

**If there's something going on at your Dojo that you wish to have included, please let us know!**

Desire, Dedication, Commitment, and Kai (cont'd from page 2)

Moreover, the Kai is a group of persons coming together the goal of furthering the arts and teachings of Soke Shogo Kuniba.

People join organizations for primarily selfish reasons. Whether it is a racing club, a competitive swimming league, or a martial arts organization, people join because the organization has something to offer them that they want. In other words, people join organizations because of what the organization *does for them*. This is not bad; it is simply human nature. In fact, unless an organization has something to offer its members, there would be no reason for it to exist!

In order for an organization to survive, however, the individual parts must also *do something for the organization*.

We must all recognize that our dojo is part of a larger whole. Price Soke and others give heavily of their time and resources in order to make the Kai a success, and I for one greatly appreciate it, as I'm sure you do as well. But that, in and of itself, is not enough.

Each of us must train hard, attend classes, and listen to our Sensei. But that also is not enough.

Each of us must have a **desire** for Chikubu-Kai to succeed. Each of us must be willing to **dedicate** ourselves to do what is necessary to make this happen. And each of us must have the **commitment** to put these into practice. Some ways we can help include:

**Obey all Kai rules and regulations** (Mentally support the Kai)

**Pay the required fees for membership and testing** (Financially support the Kai)

**Attend scheduled Kai functions, meetings, camps, and clinics** (Physically support the Kai)

**Practice what you learn the way you learned it, and don't change the art.** (Support the Kai through hard and pure effort)

**Submit the required paperwork, on time**  
(Administratively support the Kai)

**Serving, when asked, in whatever capacity Price Soke needs.**  
(Operationally support the Kai)

**Promoting the Kai to new or potential members**  
(Advertise the Kai)

If we come together to help, and participate beyond our own dojos, then Chikubu-Kai will flourish for years to come. **OSU!**

## Movin' Up!!!

Chikubu-Kai would like to congratulate the following on their recent promotions!

### Hebi Ashi Dojo (Harrisonburg)

#### Yellow Belt

Adam Casey  
Adam Chavez  
Allison Chavez  
Alison Shepherd  
Chris Smith  
Deanna Manning  
DeWayne Rexrode  
Hannah Marrero  
Jesse Marrero  
Joel Hensley  
Jonathan Marrero  
Joshua Easter  
Kenny Crider  
Rosa Smith  
Victoria Manning  
William Nesselrodt

#### 8th Kyu

Erik Minter  
Larkin O'Hara

#### 2nd Kyu

Jonathan Nicholas  
Naomi Ornstein  
Jason Covarubias

#### Nidan

Lawrence Logan

### Kokoro Dojo (Buena Vista)

Sensei Gary Cash—Yondan

### Salem Dojo (Salem)

Sensei Bill Jennings—Yondan  
Sensei Dale Hamman-Sandan

## Kihon Korner

In future issues, this section will be devoted to a particular technique, waza, or kata which Price Soke wants everyone to pay particular attention to.

For example, if Price Soke intends to stress the bunkai to a particular kata, he may ask in this section that each dojo stress that kata in everyday training to prepare.

This will help Soke kick our training up a notch!

Chikubu-Kai is dedicated to preserving the arts of Soke Shogo Kuniba



Chikubu-Kai Karate-Do  
W.H. Price, Soke  
<http://www.chikubukai.org>