

# The Bamboo Warrior

Official Newsletter of Chikubu-Kai

August 2006

<b>2006 Chikubu Kai Clinics</b>		<b>From Soke's Desk</b>	<b>Reflections</b>
January 28	Salem Dojo Salem, Va.	<p>The first summer-camp Kuniba Soke hosted was in the summer of 1972 near Stanton Va. Shihan Mizer sponsored the camp, which was an unforgettable experience. This was the first time most American students had the opportunity to train with Kuniba Soke. The weather was extremely hot and as always Soke trained extremely hard and, by the way, it was outside. I still remember the techniques and Kata that Soke taught that week.</p> <p>Camp 06, thirty four years later, held at Buena Vista was in my opinion a great event. The schedule and camp plan is the same as Kuniba Soke conducted his camps. We had many people traveling great distances and I want to thank each one. I trust the camp was worth the effort. I must thank Shihan Kiyama for his tremendous effort and hard work in teaching. He reminds me so much of Soke. Again thanks to all Sensei and Shihan for everything each of you did.</p> <p>We must start planning now for camp 07 and make it even better.</p> <p>We have a lot of talent in our Kai and I plan to make use of it starting now.</p> <p>Next news-letter I will do an article on endless attack; WHP</p>	
February 18	Bluefield Dojo Bluefield, Va		
March 18	Salem Dojo Salem, Va.		
April 20-14	Texas Clinics		
May 19-20	Hebi Ashi Dojo Harrisonburg, Va		
June 16-17	Hissatsu No Ken Newport News, Va		
July 20-22	Summer Camp Buena Vista, Va		
<b>August 19</b>	<b>Waynesboro Dojo Waynesboro, Va</b>		
September 23	Kokoro Dojo Buena Vista, Va		
October 5-7	Fall Camp Myrtle Beach, SC		
November 5	Richmond Clinic Richmond, Va		
December 9	Hombu Dojo Clinic Bristol, Va		
		<b>Up Next...</b>	<b>Waynesboro Dojo Clinic August 19, 2006</b>
		<p>The next Chikubu-Kai clinic will be held at Shihan Cooper's Dojo in Waynesboro, Virginia on August 19, 2006.</p> <p>The training will begin at 9am and last until 3pm, and the cost is \$35.</p> <p>The Waynesboro Dojo is located on the second floor of the Waynesboro YMCA. The address is 648 S. Wayne Avenue, Waynesboro, Virginia 22980.</p> <p><u>Yahoo Map Directions</u> From I -64, take Exit 96 (Va 624) towards Lyndhurst/Waynesboro Turn Right on Mt. Torry Rd (this becomes Delphine Ave) Turn Left on Windsor Rd Turn Right on Woodrow Ave Bear Right on Lyndhurst Rd (this becomes S Wayne Ave)</p>	

## A Letter From Shihan Kiyama

Dear Soke Price,

Thank you for your kind mail. I am extremely appreciative of your courteous care and generosity. I am in the karate and jodo practice soon after the return.

The karate convention of the Junior sports Assosiation in Osaka Pre., is held , and reasons 500 people participate on August 13. The thesis presentation of the title examination of the Jodo approaches the one at end of August, and time is being spent on the preparation of the thesis.

[Memorandum of Summer Camp]

July 18: Three o'clock in the morning. Today is the day I can fly to U.S.A. for summer camp. I could not sleep last night in excitement and expectation. It is the rainy season in Japan now, and the rain was giving suffering to in various regions.

It was very early in the morning, no taxi was around there. With my wife I walked to the nearest station carrying big baggages.

We took the 5 o'clock train. Now there is no direct flight to the east coast of U.S.A. from Osaka, therefore I had to have a domestic flight to Tokyo, then take another flight to Washington—a long air flight for about 13 hours, it was a long, long journey! Having sleepiness and hope I landed at Washington. It was 45 minutes past 12p.m.  
18th July 2006.

Passport control was not troublesome. After passing Customs I felt easy because at the exit I could see Sr. Michael's smile. His smile is very time gentle. "Nice to see you again. Thank you for your warm treatment."

I spent the first day in U.S.A. at Hebiashi-Dojo for exercises of Karate and Jodo. Trainees were ardently in exercise. In trainees I found a talented lady. Sure, she will be a strong fighter.

In that night I joined the welcome party by trainees of Hebiashi-dojo and Michael. I took a big plate with bone steak which could not be found in Japan.

Between Japan and U.S.A. we have an import issue about American beef, but before the re-start of import I took American beef again.

Good taste! No problem! I took it delectably.

## **A Letter From Shihan Kiyama (Continued from Page 2)**

July 19, I arrived at home of Mr. Gary Cash who are my host family. We share our joy of meeting again with Mr. and Mrs. Cash. In the evening I joined with Soke Price and Shihan Kelley. We shared our joy of meeting old friends again.

July 20, Finally the summer camp started. I met again old friends. This year I saw many trainee from Texas. By seeing Kata I embraced the impression that trainees were very ardently and sincerely to master Kata.

This year the basic Kata and its breakups were selectively practiced. The basic exercise is the most important. I hope that after coming to their home dojo they would take the enough time to exercise the basics (kihon)

Dividing into various Budo, and each Budo was practiced. I saw their demonstration. Although the exercise was in limited time and it was difficult to master, I felt strongly that they would get some degree of improvement by reviewing at their own dojo.

I took a part in screening panel. Candidates all were good at Goshindo, but talking about Kata of Karate I felt keenly that they need to have more precise exercise. By seeing several Kumite-games I recognized that the exercise of the basic was not enough. I felt that the basic exercise such as Tsuki, Keri, Tobikomi must be practiced repeatedly and sufficiently. This point could be applied especially to younger trainees. I hope that some thought to teaching method would be given.

"Endless Challenge" I appreciate this keen but delightful camp. I could get many new friends though this three days camp, and built intimacy with old friends. I wish to give thanks to all staffs who contributed this camp from early morning till dark.

Thank you very much. See you again in good spirits!

"Endless challenge"

Japan Shihan Shoji Kiyama

## Report!

## Summer Camp 2006 Buena Vista, Va.

This year's summer camp was held on July 20, 21, and 22 in beautiful Buena Vista, Virginia.

Camp began at 12 noon on Thursday with an orientation by Price Soke.

This year Shihan Kiyama again made the long journey from his home in Japan to visit and train with us.

In addition to Shihan Kiyama, the following Chikubu-Kai Shihans were also present:

Shihan Cantu  
Shihan Cooper  
Shihan Fletcher  
Shihan Kelly  
Shihan Kirk  
Shihan McCoy  
Shihan Noger

Despite intense training and blazing heat, camp spirit remained high through to the end. Even a thunderous storm Friday afternoon couldn't stop the training!

So, what did you miss if you didn't go?

Well, there was kata review, and most learned a new Karate kata as well as a new Goshindo kata.

There was Kobudo training in Jo, Iaido, tonfa, hanjo and tanto.



Photo by Mark Warren

## Upcoming Events

Shihan Kelly will be giving a clinic on Obi (belt) Jutsu and Tanto (knife) Jutsu on Saturday, September 23, 2006.

The clinic will be held from 10am until 2pm at the Longwood American Karate Dojo in Longwood, Florida.

The cost of the clinic will be \$25.

Please feel free to contact me for any further details.

Osu!

Jerry Henkins  
Email: [jerry6866@aol.com](mailto:jerry6866@aol.com)

There was kumite for all who wished, and groundfighting.

There was training in waza and kumite combinations.

Shihan Kiyama presented an AWESOME demonstration using the Kusari-Gama (sickle with weighted chain) vs. the Sword, with Shihan Fletcher.



That's going to leave a mark! Photo by Mark Warren

Camp 2006 Comments (cont'd from page 2)

And there was the always excellent training in the Kuniba way by Price Soke **(OF COURSE!!!!)**.



Photo by Mark Warren

And when training was done, there was great comraderie from the extended family that is Chikubu-Kai.

On Saturday night, the awards banquet was held as usual. This year it featured steak and fixins!

Mark "Hyo" Warren was available throughout, to take professional quality portraits. Thanks Mark!

In short, if you missed it, you missed a lot! Make plans now to attend camp in Myrtle Beach in October, and get ready for Summer Camp 2007!  
OSU!

### **Some Comments**

**JoAnn and I want to take this opportunity to thank everyone who participated in Camp 06. A special thanks to Shihan Kiyama who traveled from Japan and Shihan Cantu and the gang from Texas.**

**A special thanks also to Rhonda and Sensei Gary Cash for setting the camp up and helping JoAnn with the day-to-day.**

**Shihan Kelly, as always, done a great job and I am thankful.**

Camp 2006 Comments (cont'd from page 2)

**Thanks to Sensei JoAnn doing all the camp stuff and taking care of little David too.**

**Thanks to all the Shihan and Sensei who participated and helped.**

**I think it was a great camp and I sincerely hope that everyone took something away.**

**Last I want to thank JoAnn for her hard work making the camp work.**

**Hope to see everyone at the Myrtle Beach camp in October. The MB camp will be for all ranks this year and I hope to see everyone there.**

**(Soke W H Price)**

Osu!

Shihan Kiyama called me this morning (July 24) to let me know that he is now home and is ready for sleep! He also wanted me to let everyone know that he "appreciated everyone's cooperation with the Chikubu-Kai Summer Camp and treating him well."

On a personal note I too thank everyone that was at the Kai camp and the hard training that took place. Train hard, keep the Spirit going and I look forward to seeing you at the next clinic!

(Shihan Michael Fletcher)

All the students out of my Dojo came back energized and eager to train hard and learn more. Most of them had never flown so it was an experience. We got in Monday afternoon and they were in class that evening working on what they had learned and telling the rest of the class the value of meeting with others that also love the art.

Camp was a success in that Price Soke built on the seed that Kuniba Soke had planted in all of us that had the privilege of knowing him as a human being and the master he was in the art he loved so much.

Thanks to Price Soke for continuing that tradition and dream as the planting and watering of that seed continues.

(Sensei Sam Gamez)

We all had a wonderful time at camp this year! Shihan Fletcher and all the members would like to extend a special thanks to Shihan Kiyama for his time at camp and at the Dojo.

We learned SO MUCH! It was truly an honor to learn the Jo with him. Also, the knife fighting demonstration was a big hit with the Harrisonburg Va members.

Thank you for all that were involved with the camp and to all who participated. To al the Shihan and Sensei, thank you for your willingness to share your knowledge. To William Price, Soke—there are no adequate words. Thank You. OSU!!

(Allison Shepherd, on behalf of the Hebi Ashi Dojo, Harrisonburg Virginia)

# Some More Pictures....



All photos by Mark Warren. Thanks again, Mark!

## **It Just Needs to be Said....**

What does it take to put on a successful camp? Usually you start with a basic plan (dates and times, location, etc) and build from there.

Oftentimes a successful event appears to run smoothly because exhaustive work has been done beforehand in setting it up. There's running around, endless errands and telephone calls, verifying the most minor details. It seems that the planning will never be done.

Think about it — we showed up, trained, and took away memories. But there are others who started working on camp months ago—securing the locations, sending out notices, lining up the caterer for the banquet, and doing dozens of things for us so that we didn't have to. There was a special rate set up at Country Inn and Suites for us — a rate, I might add, quite a bit lower than regular walk-in customers paid. Someone spent time setting that up as well, so that we could stay together in the same hotel.

Each day, a caterer showed up with a satisfying lunch (\$5.00 — a mere pittance) for us, so that we didn't have to leave to find our own. This gave us time to review, catch up with old friends, or just rest from our exertions.

Chikubu-Kai would like to thank Sensei Gary Cash and Rhonda Cash for everything you both did in getting Camp 2006 ready to go, and in all the work you both expended during the camp, doing whatever it took to make it a success.

Rhonda, we'd like to thank you personally for setting up the banquet and for all the love and support you showed Gary in getting it done.

Chad—thank you also for your work in securing the pavilion that we trained in Saturday and where we held the banquet.

Without all of you, camp would not have been what it was— run smooth as an Argyle sock.

All of our love and appreciation to all of you! OSU!

## Quotables....

**"It is not the critic who counts: not the man who points out how the strong man stumbles or where the doer of deeds could have done better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood, who strives valiantly, who errs and comes up short again and again, because there is no effort without error or shortcoming, but who knows the great enthusiasms, the great devotions, who spends himself for a worthy cause; who, at the best, knows, in the end, the triumph of high achievement, and who, at the worst, if he fails, at least he fails while daring greatly, so that his place shall never be with those cold and timid souls who knew neither victory nor defeat."**

**President Theodore Roosevelt  
"Citizenship in a Republic,"  
Speech at the Sorbonne, Paris, April 23, 1910**

## Coming Up Before You Know It

Hello to all!!!

The 2006 Chikubu-Kai Fall Camp will be held in Myrtle Beach, S.C. on the following dates:

Thursday, October 5th: 6:00 p.m. until ?  
Friday, October 6th: 9:00 a.m. until 4:00 p.m.  
Saturday, October 7th: 9:00 a.m. until 4:00 p.m.

As always we will have a banquet following the conclusion of training on Saturday night.

This year, however, as in some years past, the annual Fall Harley-Davidson Rally will be going on during this same weekend. As is always the case when the bikers are in town, room rates and availability are difficult to get at a reasonable cost for everyone. I will send out an announcement to everyone just as soon as I can find a place that (HOPEFULLY) won't cost an arm and a leg, and won't be directly in the main area where most of the bikers will be gathering. Please don't let this discourage you from coming down, however. The Fall Rally is not nearly as big as the famous one held every May here in Myrtle Beach, and although the noise might be up a few decibels, everyone should be able to come down and still have a great time...

If anyone needs more information or help in any way, please don't hesitate to call me at (843)-267-5648. Again, I will post hotel info. just as soon as possible...

Thank you,  
Kevin Watson, Sensei

**Don't Forget!**

**This year, Fall Camp is for all ranks! Come one, come all!**

## In The News...

Its been a very busy month at the Harrisonburg Hebi Ashi Dojo! Michael Fletcher, Shihan, would like to welcome the following members to the organization:

Daniel Conley  
Dante Wray  
Jason Baker  
Dawn Sutton  
The Cruz Family, — Alberto, Anahely and Rogelio  
The Hutchison Family, Jack and Mirinda  
Jessica Carr  
Jared Pucket  
Heather Munzner

Shihan Fletcher would like to congratulate John "JJ" Hargrove on his recent promotion (6th Kyu)!!!, and also Alison "Ali" Shepherd on her award for Most Improved Female Student (Adult) at camp.

—Alison Shepherd, on behalf of the Hebi Ashi Dojo

The Hissatsu-No-Ken Dojo held a car wash on Saturday, July 29, 2006 at Bill's Seafood here in Newport News. The car wash raised over \$350, all of which was donated to St. Jude's Children's Hospital.

Special thanks to Ms. Stephanie Lisjack, mother of John "Skittles" Lisjack, for working out the arrangements with Bill's Seafood, and for working with the media to advertise the event.

Thanks also to Bill's Seafood, for allowing us the use of their city water connection and property free of charge!

—Chris Wirt, on behalf of Shihan Henry McCoy, Jr.



# How we all feel...

*Words cannot be found...*

*So...*

*Thank you, Price Soke!  
OSU!*

**Report!****Shihan Jimmy Revell**

By Sensei Kevin Watson

The Myrtle Beach Kuniba-Ryu Dojo was founded in 1985 by James ( Jimmy ) Revell, Shihan.

Revell, Shihan began his training in March of 1973 with Joe Strickland, Sensei in Florence, S.C. Sensei Strickland was a student of one of Kuniba, Soke=s first American students, Albert C. Church.

Originally, Revell, Shihan began his training in the system created by Church, Sensei and taught by his students, which Church called Tetsuken-Ryu. This method was largely based on what he had learned from Kuniba, Soke, although it contained elements of other martial arts Church had been exposed to during his military service. After training in this art for approximately 9 years, Revell, Shihan wanted to pursue further training with Kuniba, Soke and became a full-time student of Kuniba, Soke in the Seishin-Kai Karate Union.

Revell, Shihan=s first dojo was in Charlotte, N.C., which he founded in 1982. Because of his job with U.S. Airways, Revell, Shihan was able to travel frequently to Kuniba, Soke=s Hombu Dojo in Portsmouth, Va. for training. In 1985, Revell, Shihan moved with his family to Myrtle Beach, S.C., where he still lives today with his wife Barbara and children Courtney and Ryan.

After teaching in a variety of locations around Myrtle Beach, the Myrtle Beach Dojo was moved to a full-time location in 1997 near the downtown area.

In 2004, Revell, Shihan travelled to Japan to train further in Iai-Do and chi gung with Kobayashi, Shihan. During this trip he was promoted to Sho-Dan in Iai-Do after an extensive testing with a gathering of some of the top sword masters in Japan. The setei-gata, or basic kata used throughout Japan by all major sword styles, formed the basis for the test. An interesting note here is that the setei-gata are used by all practitioners of different sword styles regardless of individual styles practiced, and that these kata were put together by all of the major Sensei who taught sword in Japan in order to have a common ground for training and testing.

Revell, Shihan is noted for the teaching methodology he learned under Kuniba, Soke and some of Kuniba, Soke=s early students. He believes in teaching small groups rather than large numbers of people and has maintained this philosophy throughout the years. We here in Myrtle Beach and in Chikubu-Kai are lucky to have him.

## Movin' Up!!!

Chikubu-Kai would like to congratulate the following students on their recent promotions!

<u>Name</u>	<u>Dojo</u>	<u>Sensei</u>	<u>Rank</u>
Jerry Henkins	Orlando, Florida	Shihan Kelly	Yondan
Eric Louria	Orlando, Florida	Shihan Kelly	Yondan
Sean Carrigan	Bristol, Virginia	Soke Price	Nidan

## Summer Camp Awards

The following awards were presented at the conclusion of Summer Camp 2006:

<b>The Soke Award</b>	<b>Sensei Joseph Saldaña</b>
<b>Sensei of the Year</b>	<b>Sensei Sam Gamez</b>
<b>Doorbuster Award</b>	<b>Sensei Sam Gamez</b>
<b>Dojo of the Year</b>	<b>Bluefield Dojo (Shihan Terry Kirk)</b>
<b>Most Camp Spirit</b>	<b>Domingo Cavazo</b>
<b>Most Improved Youth Female</b>	<b>Morgan Nick</b>
<b>Most Improved Youth Male</b>	<b>Brian McCoy</b>
<b>Most Improved Adult Female</b>	<b>Allison Shepherd</b>
<b>Most Improved Adult Male</b>	<b>Sean Carrigan</b>
<b>Rising Student Award</b>	<b>Bruce Campbell</b>
<b>Broken Foot Award</b>	<b>Eric Louria</b>
<b>Broken Foot Award</b>	<b>Franklin Monsour</b>

**If I've forgotten anyone, I apologize in advance. Please let me know and I'll correct it ASAP! OSU!**

Chikubu-Kai is dedicated to preserving the arts of Soke Shogo Kuniba

