

The Bamboo Warrior

Official Newsletter of Chikubu-Kai

Winter/Spring 2008

From Soke's Desk

February 5th

2008 Chikubu Kai Clinics

January 26	Salem Dojo Salem, Va
February 16	Kokoro Dojo Buena Vista, Va
March 22	SVCC Armory Bluefield, Va
April 3-6	Texas Clinics Harlingen, TX
May 16-17	Hebiashi Dojo Harrisonburg, Va
June 13-14	Hissatsu-No-Ken Newport News, Va
July 10-12	Summer Camp Bristol, Va

This year marks the sixteenth year since the passing of Kuniba Soke. Soke was born on February 5, 1935, so today (February 5) he would have been 73 years old.

I try not to remember the bad times in his life, I only wish to remember the good. I know that Soke sometimes said or did things that were not fully understood, but as you all well know, he was one of a kind, a lot of emotion he couldn't show.

Soke had a heart filled with love for his family, students and all people. Who would have known that God would have chosen for his life to end so suddenly?

I encourage everyone to hold on to all the memories and if you must cry, cry only joyful tears and be thankful if you were fortunate enough to have known or trained with him or if you have the opportunity to study his style now.

In the Dojo especially, I miss him most and I am always consoled because I truly feel he is there with me. I can still hear him say,,,No trouble, 1000 more times and good punch soon coming.

WHP Soke

**Stay Tuned:
The remaining
Chikubu-Kai
Clinic schedule
will be
announced!**

CHIKUBUKAI KARATE DO



竹武会空手道

Presents:

SUMMER CAMP 2008



SHOGO KUNIBA, SOKE was the founder of Kuniba-Ha Shito-Ryu and Kuniba-Ryu Goshin-Do. He began his martial arts training in 1940 at age 5, and continued his training for more than 50 years until his passing in 1992. Due to his unique upbringing, Kuniba, Soke was able to study many different styles of Karate as well as Judo, Jiu-jitsu, Aikido, Kobudo (Weapons Arts) and Iai-Do (Sword Arts) with many of the greatest teachers of his time, including Kenwa Mabuni (founder of Shito-Ryu) and his father, Kosei Kokuba (a direct student of Choki Motobu). Upon his death, he passed the leadership of both Kuniba-Ha Shito-Ryu and Kuniba-Ryu Goshin-Do to William H. Price, Sensei.



WILLIAM H. "BILL" PRICE began his martial arts training in 1962 as a member of the U.S. Marine Corps. After service in Vietnam, he met and began studying with Shogo Kuniba in 1971—eventually becoming his senior student in the United States and earning the rank of 8th Dan. A life-long law enforcement officer, Price, Sensei pioneered defensive tactics instruction throughout Virginia, and was the head instructor for defensive tactics with the Virginia State Police and the Virginia Dept. of Criminal Justice Services. Currently he is the Chief of Police of Bristol, Virginia. Price, Sensei is able to bring a unique yet totally realistic perspective to traditional Martial Artists based on Real-World experience.



Subjects to be covered:

- KIHON:** (Basic Techniques and their application)
- KATA:** (Bunkai—The bridge between Kata and Kumite)
- KUMITE:** (Application of techniques for fighting)
- GOSHIN-DO:** (Kuniba, Soke's self-defense art— aspects of ground fighting will be covered)

WHEN: July 10th, Thursday	6:30pm-until
July 11th, Friday	9:00am-3:30pm
July 12th, Saturday	9:00am-3:30pm
WHERE: Holiday Inn Hotel & Suites/Bristol Convention Center	
3005 Linden Drive, Bristol, VA 24202	
(Room rates are \$83.00 per night)	
For More Information Call: Kevin Watson, Sensei at (843) 267-5648	
COST: \$125 for Members (All three days)	
\$175 for Non-Members (Please call for 1 or 2 day rates)	

Please join us for an opportunity to train with one of the finest traditional instructors in the world— Hope to see you there!!

國場流

Remembering...

Michael Fletcher, Shihan

This Tuesday will be Feb. 5th what would have been Shogo Kuniba, Soke's 73rd birthday.

It is hard to believe that he has been gone 16 years.

I do still think of him everyday. Everyday I step onto the dojo floor I see him or I hear him, something he taught me or something he told me. Or just his smile!

Every year on Kuniba, Soke's birth date and his passing date, I light a candle in the dojo. This same candle has been lit each year for the past 16 years. I ask that each dojo remember him this Tuesday in some way.

He was a man, but a very special man.

I love this style, I do believe it is the best hands down second to none! The lineage that we have and the leadership that we have in Price, Soke to carry on this style the way that Kuniba, Soke envisioned, to take it to the heights that Price, Soke has in the past 16 years — every one of us should be so proud!

Osu!

Michael Fletcher, Shihan

Announcing our newest Kai member!



At 4:54 a.m. on Sunday, January 20, 2008 Maggie Hartman, wife of Sensei Allen Hartman, gave birth to Emily Claire Hartman.

Emily Claire weighed a respectable 8lbs, 4oz and measured 20.5 inches long. Whew! Great job, Maggie!

Thus far, we have not received Emily Claire's membership form, but knowing her father it can't be long now.

Congratulations to Sensei and Maggie Hartman on the birth of their daughter!

30 Years...

Juan Zapata, Sensei

This year I celebrate 30 years in our martial art. I have been blessed to have trained with so many wonderful people. Two or three years ago, my wife decided to train with us, so now I don't spend so much time away from her. I have also been lucky to have visited and trained in so many places.

As it turns out, my calling has been to teach very young students. The majority of my students have special needs. Our art has been able to help them overcome their challenges. My reward has been to witness their positive development.

My students become able to look at someone in the eye when spoken to. They become able to believe in themselves and feel good about themselves. They learn that they are actually mentally and physically stronger than they thought they were. They learn not to always be afraid. They learn to respect themselves and others. They learn that anger does not allow one to think or act as they should in any given situation.

When prospective students come in to inquire about our classes, I always tell them "Yes you will learn how fight, but I am going to teach you how to use your brain instead of your fists". What we do is not easy but it is very rewarding. I believe my students teach me more than I teach them.

Being able to help my students is what keeps me inspired to continue learning about our art.

Juan M. Zapata, Yon Dan
Peaceful Warrior Dojo
San Benito, Tx.

Chikubu-Kai Membership Records

Date: Wednesday, February 6, 2008

To: Kai Sensei

Re: Membership

To being immediately Sensei Chris Wirt will maintain all Kai records. You will continue to send the material to me and I will forward to Sensei. Sensei Wirt will make available forms and information needed for this system very soon.

This will enhance our record keeping and will make information available to each dojo quickly. Thanks to Chris for undertaking this important job.

WHPSOKE

Osu to everyone!

If you have not done so already, please send information on each current student to either myself or Price Soke as soon as possible.

At the February 16th clinic in Buena Vista, Price Soke requested that each Dojo send the following information:

Student name, address, phone number, date of birth

Sensei information

Kai registration number

Current student rank and date of last promotion

At the Clinic, Soke asked that the information be sent to me, but if you prefer to send it directly to him he will forward it to me.

I am in the process of populating an online database which will run through a secure website (128-bit SSL encryption). Each dojo Sensei will be able to log into this website and see the information that the Kai has on his or her students. Price Soke will be able to view all student and dojo information, of course.

Chris Wirt

301 Boyd Circle

Newport News Va 23608

Email: nnranger@verizon.net

Kuniba Kai Seminar in Orlando, Florida

Kevin Watson, Sensei

Kuniba-Kai Seminar in Orlando, Florida

On February 2-3, 2008, two clinics were held and conducted by Kozo Kuniba, Ni-Dai Soke of Motobu-Ha Shito Ryu and founder of the Kuniba-Kai International Budo Federation, in and around the Orlando, Florida area.

I was fortunate enough to be able to attend and get a chance to train with the son of our founder, Shogo Kuniba, Soke. (Although I had met him during the summer of 2007.) The training at these clinics was a bit different, since it was opened up primarily to Shito-Ryu stylists (Hayashi-Ha, etc.) and as such did not go into a great deal of depth concerning kihon or kata, but seemed to be structured as an opportunity for people to be exposed to some of the basic principles of Motobu-Ha Shito-Ryu.

On Saturday, February 2nd, the training was held at the dojo of Jim King, Shihan. Approximately 35-40 yudansha were present, and training was led by both Kozo Kuniba, Soke and Darren Myers, Shihan. Kozo Kuniba, Soke taught a "new" waza, which he called Sanpo No Kata, which was designed to teach beginner and intermediate students the use of shuto and kakete techniques. Later in the day Myers, Shihan reviewed the Pinan Kata and also taught the Kata "Anan".

On Sunday, February 3rd, training was conducted in Ocala, Fla. at the dojo of Bill Woodard, Shihan. Also in attendance was Richard Kelley, Shihan of Chikubu-Kai as well as his students, Tony Noger, Shihan and Eric Louria, Shihan. Most of this day was a review of the previous day's training.

After meeting Kozo Kuniba, Soke for the second time now, I can honestly say that, although there are some people who say that there is no difference between Motobu-Ha Shito-Ryu and Kuniba-Ha Shito-Ryu, there are differences on a subtle yet profound level. Although it is beyond the scope of this brief article, I think it is important to note that one major difference, in my opinion, is in the method of training.

Again, although just my opinion, I feel that our Karate art, Kuniba-Ha Shito-Ryu, is a direct reflection of the evolution of Kuniba, Soke's training and interaction with people of different cultures, primarily those in the United States. If we accept the premise that the various fighting arts of the world are at least in some small part a reflection of the culture from which they come, then this is easy to see.

If this distinction was not necessary, why were both of these arts created by our founder, Shogo Kuniba, Soke? (And of course this doesn't even address Kuniba-Ha Goshin-Do.) Again, opinions may vary, but if we look at our training from an objective point of view, we can see that the differences in any martial arts are usually a result of the teaching and training methodology used.

Kuniba Kai Seminar in Orlando, Florida

Kevin Watson, Sensei

For example, Price, Soke has told us many times that our art, as he understands it, is really more of a form of Karate-Jitsu, rather than Karate-Do. Although the positive benefits of martial arts training (greater self-esteem, weight loss, etc.) are important and always will be, ultimately what we are training to deal with is violence in some form. So, the training methods used will dictate the outcome.

At any rate, whatever art we practice, we should keep these ideas and principles in mind. Motobu-Ha Shito-Ryu and Kuniba-Ha Shito-Ryu will always be intertwined and share many aspects. This is as it should be. At the same time, students of both arts should compare and contrast these arts so that we can more fully appreciate the depth of our training and see for ourselves the small details that make a world of difference. After all, even Funakoshi Gichin, the founder of Shotokan, said that "to search for the old is to understand the new".

With this thought in mind, I would like to end this article by echoing the statements made by Michael Fletcher, Shihan on Feb. 5th, which as we all know was Kuniba, Soke's 73rd birthday.

Because of the leadership we have in Price, Soke, we are all able to enjoy the benefits of our art. The history and lineage we have in this art through the history of our founder, Kuniba Shogo, Soke, is second to none. And it is because of this leadership and history that we have been able to have this wonderful art which we all practice. Thanks again to Price, Soke for all of his time, efforts, and vision over the past 16 years in keeping our art alive and "kicking" so that we can all benefit.

Lets all work hard in 2008 to put the principles of our art into action. In this way we can really demonstrate what our art is for.

Kevin Watson, Shihan
Feb.15, 2008

Quotables....

"The fight is won or lost far away from witnesses - behind the lines, in the gym and out there on the road, long before I dance under those lights." - Muhammad Ali

Report!**Kobudo Clinic
November 17, 2007**

On November 17, 2007 a special Kobudo clinic was held in the Salem Dojo. This was only the second Kobudo-only clinic in the history of Chikubu-Kai (in September 2003 a Kobudo clinic was held in Waynesboro).

At this clinic, participants were able to learn the use of the Hanjo (taught by Price Soke), Iaido (taught by Shihan McCoy), Jo (taught by Shihan Fletcher), and Tonfa and Bo (taught by Shihan Cooper).



This special all-day clinic gave students the opportunity to train all in one weapon, or to train in several, depending on their wishes.

I had a great time, as did everyone who attended. I look forward to the next Kobudo clinic!

Hello to all

I would like to say that I had a great time at the clinic this past weekend. I'd like to thank Price Soke, Shihan Fletcher, Shihan Cooper, and the Salem Dojo; and the members of the Kai for attending.

As I was teaching Iaido, I looked around the room and it appeared that everyone was enjoying the training. I hope that everyone enjoyed the clinic as much as I did and will continue on their the path of training. I f you missed it you missed a great time.

Henry Mc Coy, Shihan

Quotables....

"I can accept failure, everyone fails at something.
But I can't accept not trying."

Michael Jordan (1963), US basketball player

Report!**Bristol Clinic
December 8, 2007**

On December 8, 2007 the annual Bristol clinic was held at the Holiday Inn near I -81 Exit 7 in Bristol, Virginia.

There was Kata practice and bunkai, kumite-waza, and kicking review. The bunkai to Jin-no-kata was taught as well. There was even time for kobudo practice.

"I want to thank everyone for a great clinic last Saturday here in Bristol. I hope that everyone took something away from the clinic that you can work on in the future."

WHPSoke

Salem Clinic - January 26, 2008

The first clinic of 2008 was held at the Salem Dojo on Saturday, January 26, 2008. If it is any indication of what 2008 has in-store, then look out!

Soke has announced that all 2008 clinics will be held from 10am to 3pm. There will be no formal lunch break, just a short break for a snack and liquids.

During this clinic Soke covered bunkai, kumite techniques, and a special variation on mae-geri (if you weren't there, you missed it!).

Many thanks to Sensei Hartman and the Salem Dojo for sponsoring this clinic!

"...I want to thank everyone who attended the Salem clinic this past Saturday. As always I had a great time training and seeing everyone. For me it was a positive learning experience."

WHPSoke

Buena Vista Clinic - February 16, 2008

The 2008 Buena Vista clinic was held in the auditorium of Parry McCluer Middle School in Buena Vista, Virginia. Topics covered included bunkai, kumite-wazas, and an in-depth analysis by Price Soke of the Oi-Zuki technique.

"I want to thank everyone who attended the Buena Vista clinic this past week end and especially Sensei and Rhonda Cash for sponsoring the clinic. I enjoyed it very much and sincerely hope that everyone who attended did so too." - WPHSoke

The next clinic will be at Shihan Kirk's place at the Armory on the campus of SVCC. All the information concerning the clinic will be sent out shortly. I plan to focus on kata and bunkai (Karate & Goshin Do) in all future clinics. I will also apply the bunkai to kumite. I want to preserve the Kuniba style of Kata application to technique and kumite.

Upcoming Spotlights

In upcoming issues of the newsletter, I will be featuring interviews with the Sensei and Shihan of Chibuku-Kai! My goal is to have information on each and every Sensei and Shihan in the Kai before the end of 2009! I will endeavor to include at least one, and perhaps several, in each issue. The legacy of the Kuniba-Style is preserved by those who carry the torch, and this will be an opportunity to focus a little attention on them. You may learn things about each of them (and perhaps each other) that you never knew! Sensei and Shihan, I will be in touch with each of you in the near future!

In the News:

During the week of February 11-15, 2008 the Newport News Sheriff's Office sponsored a Defensive-Tactics Instructor's training school at the Hampton Roads Regional Academy of Criminal Justice in Newport News, Virginia.

Shihan McCoy, Sensei Greg Blankenship, Sensei Mark Campbell, Sean Carrigan, and Ceasar Perkins trained over a dozen local law enforcement personnel on how to instruct defensive tactics to police officers. Topics included takedowns, handcuffing, use of force, weapon retention, motor vehicle extractions, and groundfighting.

Many thanks to these Kai members for helping the "Thin Blue Line" grow a little safer!

This month has been good to the Harrisonburg Hebi Ashi Dojo! Shihan Fletcher has been very busy with several different programs intended to introduce people to this great art, including an all day program at Spotswood High School and, this past weekend, at the Armory, for the Virginia Defense Force.

(From Shihan Fletcher: The Virginia Defense Force, is a group that is made up of volunteers and when the National Guard goes out this group takes on the National Guard's responsibilities during their absence)

Both programs were not only very successful, but great fun as well! Additionally, the Dojo is pleased to welcome quite a few new members. We are thrilled to have them and look forward to training with them!

- Ali Eichenlaub

Sad News

Michael King, Waynesboro Dojo

On January 8th, 2008 Shihan Tony Cooper was struck by a pickup truck while traveling home on his bicycle at approximately 9:45pm. His injuries include a concussion, multiple fractures (20+) in his right hand, a broken tibia near the knee, two torn ligaments and one stretched ligament around the right knee, bruised ribs on the right side, stitches for a laceration above his eye and a laceration on his right shin, a swollen liver and many additional bruises.

On January 23rd, 2008 he underwent a five hour surgery at UVA to repair the broken tibia and torn/stretched ligaments. At this time he is recuperating at his mother's home in Waynesboro, VA. While he has quite a bit of physical therapy in the future to rehabilitate the right knee, the current outlook for recovery is very good. Anyone wishing to call and/or send a card can contact Shihan Cooper at the following addresses/phone number:

His home address:
411 North Augusta Ave.
Waynesboro, VA 22980

His mother's home address:
1341 Shenandoah Ave.
Waynesboro, VA 22980

Phone number at his mother's: (540) 942-1484



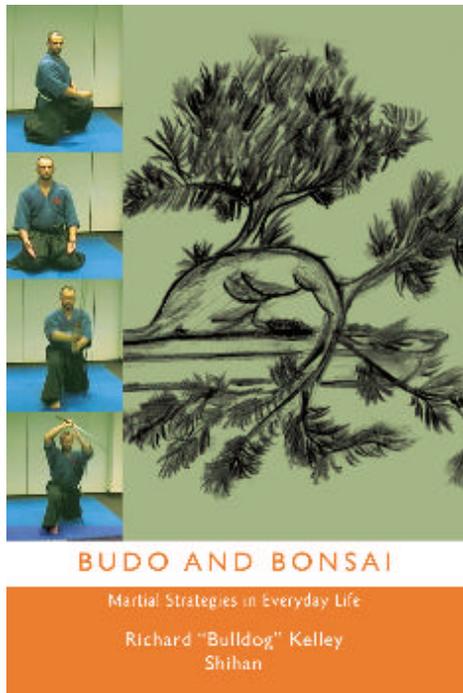
... and Response to Well Wishes

"The latest news is that Shihan was back at the YMCA for the first time on February 4th, 2008 for about a half an hour performing an upper body workout. Rumor is that he broke quite a sweat and plans to be back for more as soon as possible! He sends everyone a "Big Hello" and says he will see you all at a clinic in the near future!

Shihan Cooper thanks everyone for their prayers and expressions of concern and support during his time of recuperation. Such care among friends means everything and no doubt helps with the healing process. Again, thanks to everyone! "

-Roderick Dew

-Editor's Note: Shihan Cooper was at the Clinic in Buena Vista on February 16th and says that he's feeling much better! Thanks should be extended to Michael King, Roderick Dew, and others from Shihan's dojo for getting him to and from the clinic and for watching over him!



Budo and Bonsai

Richard "Bulldog" Kelley/Shihan

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161 Pages

On Demand Printing

Available from Ingram Book Group, Baker & Taylor, and from iUniverse, Inc

Martial Strategies in Everyday Life will not only teach you how to live a high-quality and well-shaped life, but will also show you how to get what you want in life through the application of a carefully chosen strategy.

Author Richard Clinton Kelley, Jr., has studied martial arts for more than three decades and has earned several Black Belts of various degrees. Now in his guidebook on life strategy, he shares the knowledge he gained in 1960 in Tokyo, Japan, from his first instructor, Ando Sensei. As he leads you through the martial philosophies he has practiced to live a quality life, you will learn to understand that the time, place, and circumstances dictate what strategies should be selected and applied to your own life. Whether your battle takes place in the boardroom or a back alley, blending the physical defenses with the perceiving senses will determine your fate.

Studying any martial art is an act of faith between student and instructor. Whether you're a martial arts novice or an accomplished veteran, Kelley can show you how to use these strategies in your life to make a real difference in business, self-improvement, and intellectual accomplishment.

Lights... Camera... Chikubu-Kai Videos!

Starting with the February clinic all clinics will be taped and made available to the members thru the Dojo Sensei. Sensei Wirt will handle this project. We now have years of clinics and will make them available soon. Each dvd will be labeled as to the content and a list will be provided. This will be good for anyone who misses the clinic, or to have to simply review.

WHPSOKE

Osu to everyone!

Price Soke has decided to make Clinic videos available for purchase. He has asked me to take care of this as soon as possible. Sensei Kevin Watson has agreed to video the clinics, so be sure to thank him next time you see him for helping make this happen!

For the first time, videos will be available to any interested person whether they attended the clinic or not. In the past the videos were only available to persons who actually attended the featured clinic. These videos will be in DVD format, and will be labeled with the clinic date.

Over time, we will have virtually all of the Chikubu-Kai clinics ever taped converted to DVD and made available!

This is the plan which has been approved by Soke:

1. Everyone purchasing any Kai video will have to agree to the terms of use. These terms, which are in development at this time, will prohibit copying, distributing, uploading, or sharing videos without Soke's express permission. This will not preclude a Sensei showing the video to his students, for example, but would prohibit showing at a public meeting without clearing it with Soke.
2. All Kai members in good-standing over the age of 18 will be eligible to order videos
3. All Kai members in good-standing under 18 will need the permission of their parent(s) and their Sensei
4. The current price for Clinic videos is \$50, which includes shipping
7. If purchasing a video for a Clinic you attended, the price will be \$15, including shipping
8. Clinic videos for past clinics (prior to 2008) will be a \$35 for everyone, including shipping
9. Any or all of the above can be waived or modified by Price Soke at any time

Osu!

Chris Wirt, Sensei

Lights... Camera... Chikubu-Kai Videos!

The first of the new Chikubu-Kai DVD's will be available for ordering by the time this issue of the Chikubu-Kai newsletter is published.

This video was taped by Sensei Kevin Watson at the Parry McCluer Middle School auditorium in Buena Vista, Virginia on Saturday, February 16, 2008. Runtime is over 3 hours.

The cost of the video is \$15 if you attended the clinic (honor system) and \$50 if you did not.

Please see the preceding page for eligibility requirements for purchasing a video. Orders may be submitted two ways:

By Mail:

Please fill out the following information and mail it to me with your check or money order for the amount listed above.

By Email:

Please include the same information on the form below and email it to nnranger@verizon.net. Payments may be mailed, or if you prefer you can pay online, I can even send a request to pay via PayPal!

First and Last Name: _____

Mailing Address: _____

City: _____ State: _____ Zipcode: _____

Contact Phone Number: (____) ____-____ Work/Cell (optional): (____) ____-____

Email Address: _____

Video Being Ordered: February 16, 2008 in Buena Vista

Amount Due: I was present at the clinic: \$15 : I was NOT present at the clinic: \$50

Check or Money Order Enclosed Bill me via PayPay at the above email address

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Chris Wirt
301 Boyd Circle
Newport News Virginia 23608



Special Price Soke
Delivery: "Air Mail"

If I've forgotten anyone, I apologize in advance. Please let me know and I'll correct it ASAP! OSU!

Chikubu-Kai is dedicated to preserving the arts of Soke Shogo Kuniba

